

# Oxford Learning Saskatoon Centre Newsletter

May / June 2026



## Centre News!

**No more sn\*w!** We cross our fingers and fear to say the white stuff's name. It's time for flowers, bumblebees, and the rainbow of summer colours. **It's also time to confirm your child's summer registration!**

**Will your child attend this summer?**

**Do you prefer late afternoon/evening classes, or daytime classes this summer?**

If you must pause a student program for the summer, please give 30 days' notice from the end of May and indicate if we can expect their return in September. We hope you stay, because it's a shame to halt progress; **schools go on holidays, brains shouldn't.**



## The "Minimum" Learning Plan

**Why do we enrol students a minimum of twice-weekly?** In 40 years, Oxford Learning Centres have found that anything less fails to build routine and diminishes the benefits for the student. Students significantly behind their peers or their desired academic level are recommended to take more classes to achieve earlier results.



## Tight Finances?

Times are tough, and everything is more expensive than it was last year! We know that just as households are minding their finances, so are schools, but this can come at the expense of differentiated student learning. In these times, your child's Oxford Learning program is more important than ever to fulfill their academic needs.

**Ask us about payment options!**



## Healthy Bodies, Healthy Minds

We are seeing an increase in students bringing energy drinks, pop, or other sugary and caffeinated beverages. We encourage them to make better choices; bring a refillable water bottle or have a cup of water from our water stations.

Outside of the irreversible mess that sticky drinks make on the carpet, they're not healthy choices. Any teacher will tell you that a student's ability to focus and access new information is negatively affected by unhealthy choices. Personality changes, and often not for the better, can occur after consuming high-sugar or high-caffeine drinks.

**Read more:** [Caffeine and Kids | Columbia University ...](#)



## The Importance of Timeliness

Being on time is important. It builds trust, shows respect, and values the importance of everyone's time. Timeliness demonstrates integrity and dependability and goes a long way toward building good relationships with family, peers, educators, and employers.

Consistently uncommunicated or excessively late attendance disrupts the learning of other students, and it affects the teacher's focus. Please let us know when your child will be late. Students who are more than 20 minutes late may be marked absent to minimize disruption.



## Google is our Report Card!

**Like us? Tell everyone using Google! Problem? Tell us directly, so we can improve!** Please review us today!

**[CLICK HERE TO LEAVE A REVIEW!!](#)** ★★★★★

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## Strong Routines

A consistent routine for students is important throughout the school year, but it is vital during exam time. It provides the following benefits:

- Reduces anxiety and stress
- Creates a learning mindset
- Improves time management
- Promotes healthier habits
- Prevents learning loss

Starting 3-4 weeks in advance, a dedicated daily study block makes a BIG difference in exam outcomes. Cramming the night before a test doesn't work! If you don't know the necessary information before, it will not come to you on test day.

[Study Tips for Exams—Study Smarter, Not Harder](#)



## Workshops & Group Programs

**Did you know that Saskatchewan students underperform in mathematics nationally and internationally?** There is a huge knowledge leap for students entering high school, and then again around grade 10. **Ask us about hosting a workshop!** These are perfect for groups of 4-8 students!

- 20-Hour Workshops
  - Study Skills
  - Math
    - Grades 7 and 8
    - Grades 9 and 10

Ease the transition to high school with:

- 4-Hour Workshops
  - Organization
  - Group Dynamics



## Too Much Daily Screen Time?

Screen time affects our snacking, sleep habits, energy levels, and focus. According to [ParticipACTION](#), the recommended amounts of screen time vary by age.

- Ages 2 and under: None
- Ages 2-5: Maximum of 1 hour
- Ages 5-17: Maximum of 2 hours
- Adults: Varies - power down 1 hour before bed

## Every Summer Tells a Story

- ★ Catch up and get ahead
- ★ Stronger learning and thinking skills
- ★ Confidence that carries into the school year
- ★ Engaging, research-based programs
- ★ Creative approaches to problem-solving

Write Your Summer  
Success Story at  
Oxford Learning.  
Enrol Today!

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## Riddle Me This

Q: What gets sharper the more you use it?

A: ...see the next newsletter.

Last Month: Q: What breaks yet never falls, and what falls yet never breaks? A: day and night!

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